



Co-funded by the
Erasmus+ Programme
of the European Union

Training course on

Climate Change and Sustainability

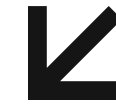
June 28 – July 3, 2026

26 participants from Italian schools

Xylokastro, Greece
Chiara Rossi



CONTENT



- (JUNE 28)** TRAVELLING DAY
- (JUNE 29)** WELCOME & INTRODUCTION, ICEBREAKER
- (JUNE 30)** ENERGISER, GROUP DYNAMICS, WORKSHOPS
- (JULY 01)** FIELD VISIT IN KALAVRITA, PELOPONNESE
- (JULY 02)** WORKSHOPS AND FACILITATED DISCUSSION
- (JULY 03)** WORKSHOP, DEBRIEF AND TRAVELLING DAY



SETTING THE STAGE



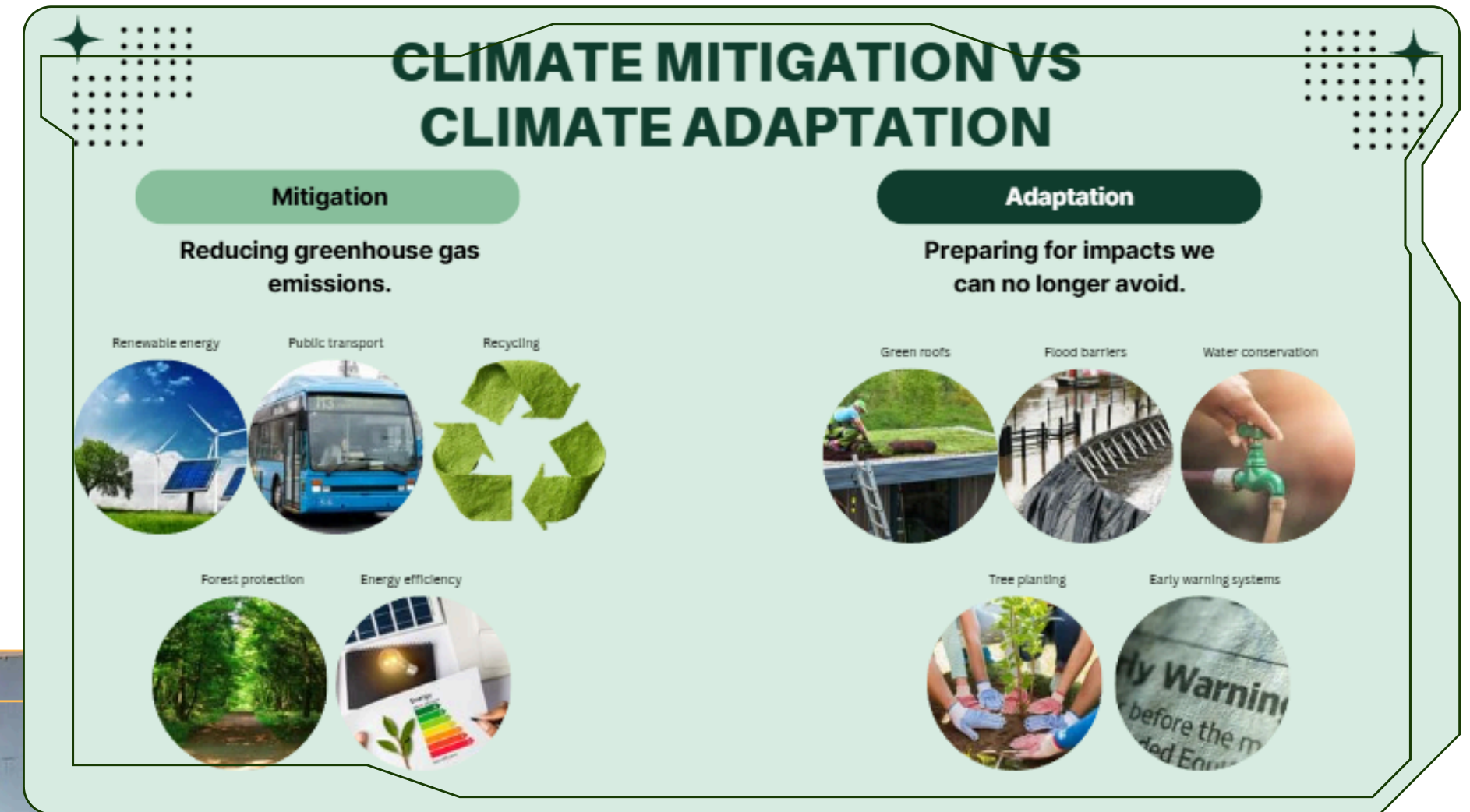
We started to get to know each other, tell our fears and expectations, map ourselves, build group cohesion and introduce the themes of the training.



Sustainability-themed “Find someone who...” Icebreaker

Designed to break the ice while introducing environmental behaviours and attitudes, participants physically moved around the room to find peers who matched each description.

Climate Change: Why Does It Matter?



- Participants were introduced to core concepts including climate mitigation, climate adaptation and the science behind global warming.
- The session explored climate literacy and environmental awareness giving everyone a great foundation for the workshops that followed.



CLIMATE CHANGE WORKSHOP



Simulation to understand the complexity of public budgeting and governance under shifting political and environmental pressures.

Gamified Simulation & Experiential Learning



01

Phase 1: The Scenario (one problem to deal with)

Groups were assigned localized climate crises (like severe heatwaves, agricultural food insecurity or devastating wildfires).



02

Phase 2: Strategic Budgeting (Action Cards)

Teams received a fixed budget of 12 Climate Points to purchase actions divided into: Green Cards (Adaptation Measures) and Purple Cards (Mitigation Measures).



03

Phase 3: The Test (Unforeseen Variables)

Groups faced sudden External Shocks (like budget cuts, climate tipping points like worsening water shortages) forcing them to restructure their plan in just 10 minutes.

Strategic decision-making: it forced participants to balance limited resources against real-world climate emergencies.

Crisis Management and Agility: they could adapt an existing strategy when hit by unpredictable economic or environmental variables.

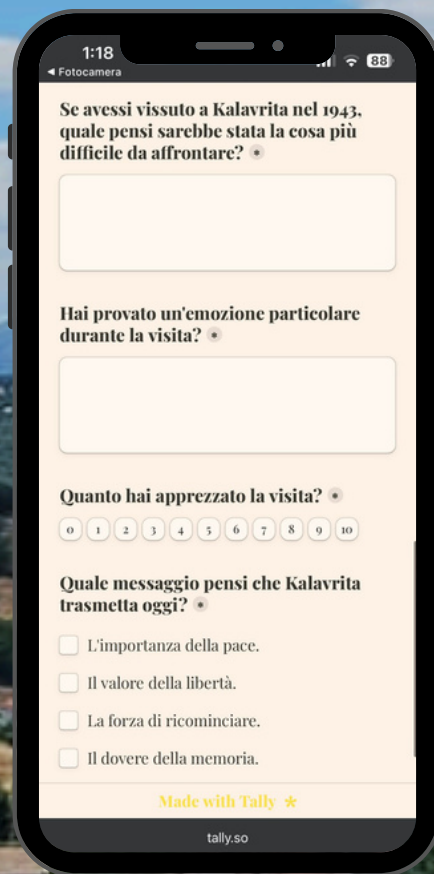
Negotiation: participants had to debate, prioritize and compromise.



KALAVRITA VISIT TRIP



The themes of this trip were the Memory, the cultural identity and environmental heritage. Elements that enhanced the training's focus on outdoor learning.



We provided supporting materials in their native language. At the end of the experience, we used a questionnaire to gather their impressions and see how much they enjoyed the whole trip.

Our questionnaire also brought out some beautiful reflections at the question: *What message do you think Kalavrita conveys today?*



Place of Sacrifice, Kappi Hill. Sacred memorial dedicated to the victims of the Kalavrita holocaust.

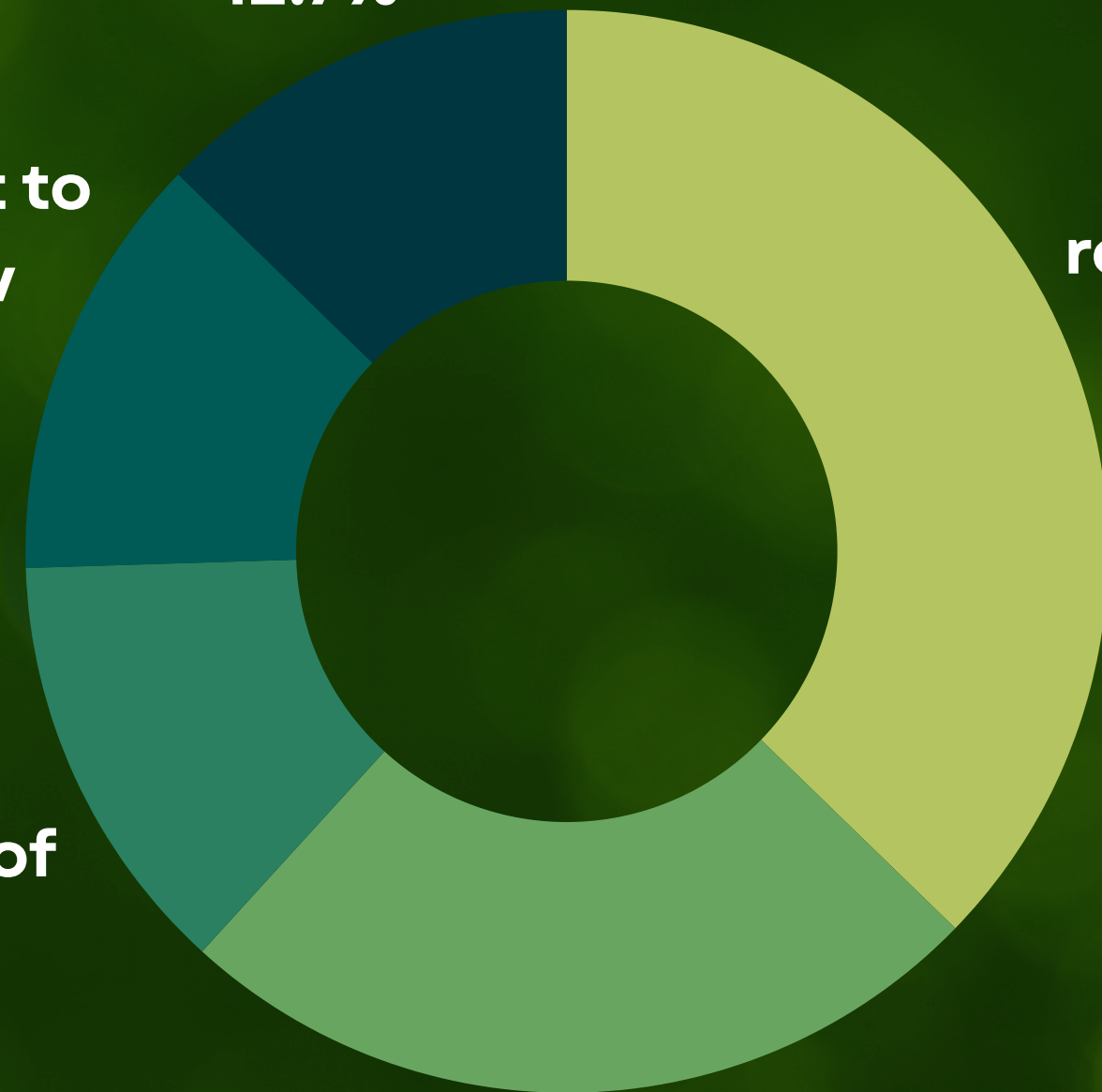
The strenght to
start anew
12.7%

The
importance of
peace
12.7%

Other
12.7%

The duty of
remembrance
37.3%

The value of
freedom
24.5%





FESTIVAL DESIGN WORKSHOP



Translating environmental values into an attractive event. Pivoting on spot when hit by sudden real-world setbacks.

Design Your Environmental Festival



01

Phase 1: Warm-up

We started by asking: "What makes a festival memorable?" Answers like music, street food, vibes, went up on the board. "Can a sustainability festival have all of this?"



02

Phase 2: Structural Planning & Visual Boarding

With our materials, they planned their festival in all details: from sustainable communication to the activities. Teams then brought their concept to life creating a Visual Board.



03

Phase 3: Presentation and Real-World Crisis Card.

Groups presented their festivals to the room, but right as they finished, we threw a Real-World Crisis Card at them. They had to think on their feet and answer in front of everyone.

Creative Campaigning and Branding: translating environmental values into an event using targeting, slogans and visual identity.

Problem Solving: challenged by a problem that could potentially ruin all their plan due to weather alerts, PR crises or local resource issues.

Public Speaking: presenting their initiative and fighting for their ideas.

Methodology

Strategy Sheets

Using our custom-designed framework, teams had to map out every single detail: from defining their core message and selecting sustainable materials, to creating the ultimate hook to motivate people to show up.

Questions	Your Ideas
Who is your festival for? (kids, families, young people, the whole town...?)	
Where does it happen? (park, school, beach, forest, street...?)	
What do people do there? (at least 3 activities)	
What do people eat or drink?	
What is your message? What is your goal?	

Tactile Art Supplies

Colors, markers, wax pastels, collages, scissors and glue. The large cardboard reinforced the teamwork.

Crisis Cards

We prepared an unexpected element that tested their decision-making under pressure. They faced accusations of greenwashing for wrong collaborations, or heatwaves forecast for their open-air event, swarm of mosquitos, vendors using single-use plastic in their food stall...



Results: Creative Solutions

Our participants blew us away with responsiveness and outside-the-box thinking.

- Zero-Waste Marketing: To solve a paper waste, one team painted their festival details onto flat stones, scattering them as eco-friendly "treasure hunts" in local parks and squares.
- Fighting Greenwashing: another group tackled catering waste by striking a deal with their sponsor bakery to donate all surplus bread to a community charity.
- Nature-Based Solutions: one team cleverly took advantage of their aromatic plants activity, and used fresh basil as a natural mosquito repellent while teaching people about medicinal herbs.

How to promote Active Citizenship?

PROMOTING ACTIVE CITIZENSHIP AND ENGAGEMENT ON ENVIRONMENTAL SUSTAINABILITY

In order to ensure meaningful active citizenship and engagement of the people, first, they must have **easy access** to information on how to get involved



The key role of information services in this context is providing support and information, as well as offering spaces for the people to discuss, debate and think about how to get involved and what they can do at which level.



- We empowered youth to become active citizens against green skepticism. Participants developed critical thinking to fight climate disinformation, mastering how to drive change across three levels →

1. Shifting personal habits (micro).
2. Mobilizing local communities (medium).
3. Leveraging EU opportunities like the European Solidarity Corps (macro).



THE 17 SDG



Understanding the actual scope,
boundaries and systemic approach of the
UN Agenda 2030.



Methodology

Right after a brief introduction to the SDGs, participants received a custom Bingo card with the Real Goals mixed with Plausible Fakes (Colonize Mars, Climate Education Mandatory, Free Wi-Fi). They also researched their home country's top priority SDGs. We reviewed the answers together, turning the process into an interactive debate.



THE GREEN CITY



Participants take charge of a city facing a specific environmental crisis and must strategically redesign it using limited resources.

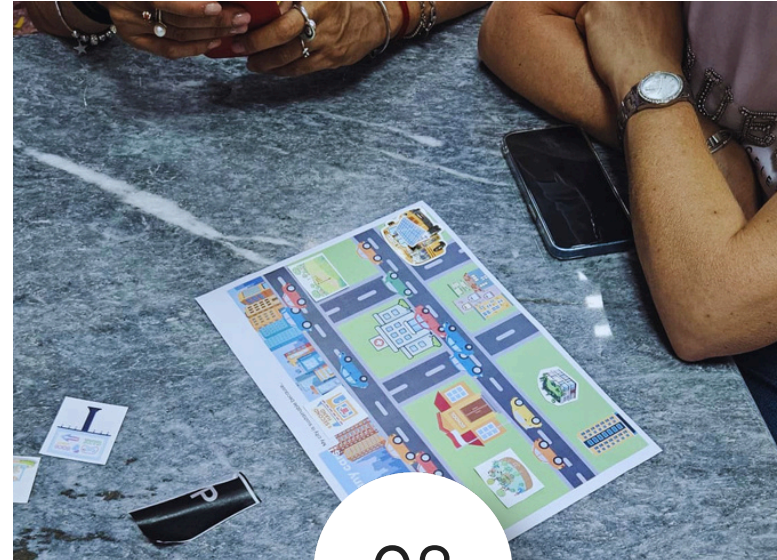
Build Your Green European City



01

Phase 1: Step into the shoes of a European Mayor

"If you were the mayor of this city, what decisions would you make?" Each team received a map of a European city facing a specific problem: Too many cars, zero green spaces, rampant littering or extreme urban heat.



02

Phase 2: Redesign

They had to choose exactly five stickers to transform their city. The challenge required filtering out eco-traps and high-emission temptations. Car-Free Zones against high-revenue airports for tourism and growth, massive Malls over community-driven Second-Hand Shops.



03

Phase 3: The Council

To wrap up, the workshop shifted to a council meeting. Teams took the floor and calculated their final environmental scores. They had to actively defend their sustainable choices against peer critique, proving why their green vision was the right one for their city's future.

Urban Planning: evaluating what to sacrifice of urban infrastructure, recognizing that some modern developments (like airports or malls) clash with sustainability goals.

Smart Budgeting: learn how to make strategic decisions when resources are limited. They could spend their points only on investments that bring the maximum benefit to the city's specific problem.



FAREWELL PARTY

On our last day together, we shared a delicious meal at Peri Anemon, Xylokastro. We danced and laughed to the rhythm of Greek and Italian songs. Then, participants received their training certificates.

**THANK YOU
FOR
THE ATTENTION**



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