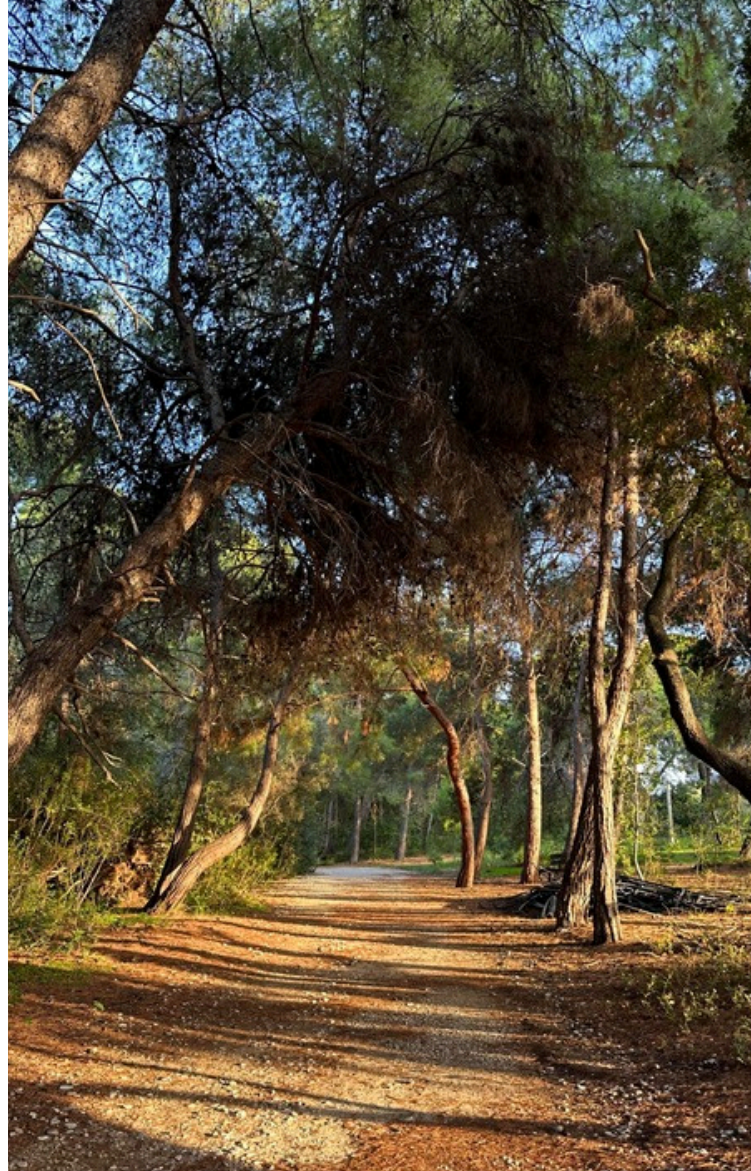


Info pack for “Solidarity activities and supporting elderly”

European
Solidarity Corps
(ESC)
Orfeas
Organization
(host organization)



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ
Δήμος Ξυλοκάστρου - Ευρωσίνης



Orfeas Youth
Organization

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ABOUT US

Organization Orfeas began functioning in August 2000. The purpose of our organization is to inform young people about international and national programs and encourage their active participation along with their European citizenship.

Furthermore, our goal is to organize and support national programs of the partner municipalities, heritage protection activities of the environment, and summer events, festivals, concerts, theatrical performances, and exhibitions in cooperation with the local municipalities. Through our activities, we try to develop solidarity and promote tolerance and understanding among young people in different countries.

Our priorities are respecting cultural diversity and fighting against racism and xenophobia. By facilitating joint activities of young people from different cultural, ethnic and religious backgrounds, Orfeas aims to develop the intercultural learning of young people making Europe a friendlier place at the same time.

An important value for the Orfeas Organization is giving all young people access, especially those with fewer opportunities, to join European youth programs and other educational activities. Through formal and non-formal learning techniques and experiences, young volunteers will improve and acquire personal, educational, and professional skills.

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Organization

Project description

„Help at home is a solidarity program that aims to provide organized and systematic support to elderly and people with special needs.

The aims of the project are the introduction of new activities taken by the volunteers for the daily life of the people, the promotion and contact of new cultures, enhance solidarity activities.



The main tasks of the volunteers are:

- Helping the social worker in checking the elderly people's living conditions.
- Collaborating with the social welfare office
- Support the assistants in distributing food to people in need.
- Participate in organising activities for the elderly people.
- Support the everyday work of the centre for elderly (KAPI).
- Provide additional support to the staff according to the needs of the centre.
- Participate in activities of the youth information office promoting the program.

About your new home - Xylokastro (Ξυλόκαστρο):

The wealth and diversity of the Greek cultural heritage, history, the mild climate, the high percentage of sunshine, and its interesting and varying landscape: A real feeling of discovery. The municipality of Xylokastro - Evrostini consists of the towns Xylokastro, Derveni, and the villages that surround them. Xylokastro is on the coast of the Corinthian Gulf in the peninsula of Peloponnesse.

The area is agricultural; there are a lot of lemon fields, as well as orange, apricot, and olive fields. Xylokastro is a small, but lively town, especially in summer, when many tourists visit the area. In Xylokastro, volunteers can find cafés, bars, night clubs, a library, many shops, supermarkets, a pine-tree forest and a beautiful beach.

- It has around 6.000 citizens
- About one hour in the west of Corinth
- Popular for the production of raisins
- A famous place for holidays





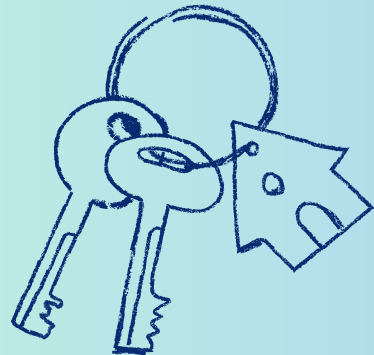


Accommodation

The long-term group of volunteers will live all together in Orfeas' home, a flat in the centre of the town.

- three bedrooms
- living-room
- kitchen
- two bathrooms
- two balconies

The volunteers are responsible for keeping the flat clean, setting a cleaning schedule and following it.



Profile of the volunteers

We are looking for social and open-minded people who are:

- responsible, patient
- creative
- positive
- interested in working with elderly
- able to cooperate with the qualified staff
- social sensitivity



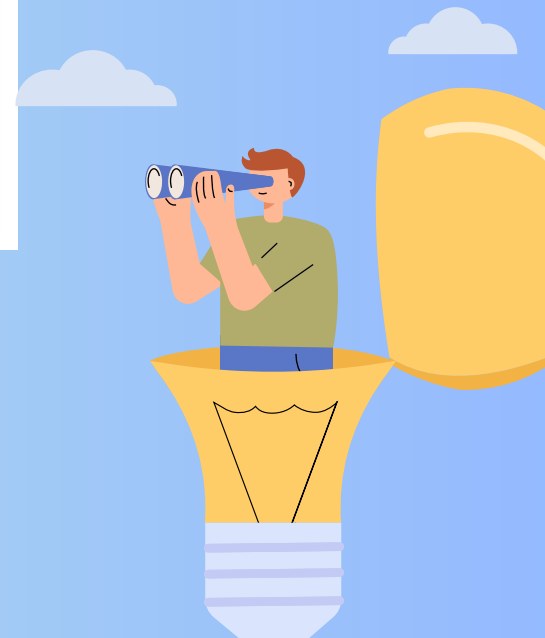
What do we offer?

1. Mentor: every volunteer will be assigned to one of the mentors. Mentor is a member of the local community of Xylokastro. The task of the mentor is to be of help to the volunteers, especially to the one that was assigned to them. If during the project the volunteer needs any kind of support or just goes for a drink or a simple cup of coffee, the mentor is there for him.

2. Language support: volunteers will participate in a Greek language course, once per week.

3. Activities/workshops: the volunteers will participate in the activities prepared by the office team. The group of activities start from simple workshops like arts and crafts, but also cooking lessons, different theme workshops, workshops about Youthpass and learning outcomes of the project... Volunteers are free to propose their own activities.

4. Insurance: complete health insurance is provided by the Henner insurance company according to the European Commission's agreement. You will receive a confirmation e-mail with your insurance number before your project starts.



Youthpass certificate

Each and every volunteer at the end of the project will receive a Youthpass certificate within the scope of the European Solidarity Corps program. The Youthpass certificate is a valuable attachment to the CV, after the project, the participants can use it while searching for a new job.



How to apply:

If you want to apply for this project, please send us the complete application form and your CV in English to orfeas.org.12@gmail.com

After we evaluate your application we will contact you.



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